Wind Chimes & Water Fountains

Favorite Feng Shui Objects and How to Use Them

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author of the Fast Feng Shui™ series

Wind Chimes & Water Fountains:
Favorite Feng Shui Objects and How to Use Them

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For more information on how to use
feng shui objects, pick up a copy of:

Fast Feng Shui:
9 Simple Principles for Transforming
Your Life by Energizing Your Home

For ordering information, see page 14 of this booklet.

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Wind Chimes

The sound waves created by a wind chime will slow down and help disperse *chi* that is moving too quickly. If the path from the street to your front door is long and straight, hang a wind chime by the door or porch steps to slow the *chi* down so it enters your home gently.

Wind chimes are also good for lifting the energy of a space. If one corner of your yard is lower than the others, *chi* may settle there. Hanging a wind chime from a tree in that corner can stir the *chi* up and keep it moving.

Smaller wind chimes can be used indoors, anywhere that you feel a need for protection, to slow down fast-moving chi, or to lift the energy of a room. If a certain area of your home has a major clutter problem, hang a wind chime there for a few days and make sure it sounds often. It will help loosen up the stuck energy so your clutter-clearing efforts will progress more quickly.

Wind chimes come in many sizes, from tinkly little tiny ones to great big resonant ones. Match the size of the wind chime to the size of your space. A large brass wind chime might be overwhelming indoors, while a very small chime may not be strong enough to have much effect. Choose metal chimes, as they have the most penetrating tone. The most important consideration for a wind chime is that the sound be pleasing to you, so pick the one whose tones you like the best.

Water Fountains

In feng shui terms, moving water brings prosperity and good luck to the home. The sound and motion of gurgling water activates c*hi* and adds humidity to a dry room, helping to balance *chi*. Moving water gets things going when the *chi* has been stagnant for a while.

wind chime photo courtesy of www.mywindchimes.com

Use moving water cures anywhere you want to enhance WATER or WOOD energy. Water fountains come in many shapes and sizes; pick one that:

- Suits the style of your décor
- Is an appropriate size for the place you intend to use it
- Incorporates the materials, shapes, and/or colors of the element energies you want to add to that space

You can usually adjust the sound of a water fountain by changing the water level. Some fountains also come with an adjustable pump, so you can vary the speed with which the water flows. Experiment until you find a tone and volume that sounds right.

Be sure to add more water to your fountain as it evaporates, to avoid possible damage to the pump if the water level gets too low. Depending on your climate and the size of the fountain, this could be once a week or every day. If you will be away from home for several days, unplug the fountain while you are gone.

If you place an outdoor fountain by your front door to activate *kan gua* (career), make sure the water flows toward your door, not away from it. You want all that good *chi* to come into your life, not flow out of it! Indoors, place the fountain so the water flow is directed toward the interior of the home, rather than toward the front door.

Some people find the sound of a water fountain distracting, and a fountain is generally not recommended for the bedroom, unless you turn it off while you are sleeping. Be guided by your personal response, and choose another cure if a fountain isn't right for you.

water fountain photo courtesy of Molly Keeler www.prosperityfountain.com

Faceted Crystal Balls

Faceted crystal balls are a very popular feng shui cure. In addition to energizing a space, their ability to refract a beam of light (and *chi*) and send it radiating in all directions makes it an ideal protection against *sha* (negative) *chi*.

These crystal balls can also be used to empower and activate a space. They radiate blessings wherever they are placed, and are powerful magnifiers of your intention.

Faceted crystal balls can be used anywhere you want to enhance *chi*. Good places to hang crystal balls include:

- In the center of a long, narrow hallway
- In front of a window through which too much *chi* is escaping
- Anywhere you'd like to activate *chi*

Crystals are most often hung from the ceiling, a doorway, or in windows. For added impact, hang your crystal ball from a red string or ribbon cut to a multiple of nine inches (9", 18", 27"). The ball can hang any distance from the ceiling; it's the cut length of the string that is important. Tie any extra string into a nice bow or decorative knot. If you buy crystal balls from a feng shui supplier, they may come with red cord already attached.

You can also place a faceted crystal ball on a desk, table, or home altar. Wear a little one on a red ribbon around your neck to activate your personal *chi*, or hang one from the rear-view mirror of your car to enhance, bless, and protect you while you drive.

Chinese Coins

Chinese coins bring prosperity consciousness to your home. Look for sets of three, six, or nine coins tied together into a long strand or other shape with red string. Good places for a Chinese coin charm are:

- Near the front door, to attract money into the home
- In the kitchen, over or near the stove (the stove is symbolic of prosperity)
- In any of your wealth power spots
- On the wall where you will see it while you are working at your desk
- In the southeast area of your home or office.

Lucky Bamboo

The wealth sector of the *ba gua* (most accurately called the "fortunate blessings") is associated with the wood element, so all kinds of plants and trees are good feng shui enhancements for prosperity and good fortune.

Lucky bamboo grows easily in a small porcelain pot filled with pebbles. Just add water and watch your good luck grow! Place in the far left-hand corner of your desk, or in any other wealth power spot for prosperity.

Wish Books

Fast Feng Shui Wish Books are a powerful way to empower your intentions with round or octagonal mirrors inset into the inside front and back covers. Your wish, written on a slip of paper and placed inside the book, is magnified and enhanced.

Carry a small Wish Book in your pocket or purse, or choose a larger Wish Book to place in a feng shui "power spot" or on your home altar.

Feng Shui Wish Books are made in limited quantities exclusively for FastFengShui.com; many are one-of-a-kind, and they make fabulous and unusual gifts. Click here for more about this unique feng shui "cure."

Power Bracelets

Power Bracelets are a popular way to declare your fondness for feng shui and to use the power of color vibrations and associations to adjust and enhance your personal chi.

Power Bracelets are generally strung on a one-size-fits-all stretchy cord. Some are made made from wood or stone, while others feature faceted cut-crystal beads. Look for genuine Swarovski crystal for the clearest colors and highest quality.

I've designed a beautiful collection of Power Bracelets exclusively for FastFengShui.com that combine the best of both styles: brilliantly-colored Swarovski crystal beads enhanced with natural crystal and gemstones for added power and intensity.

Click here to explore our complete selection of feng shui Power Bracelets for Career, Prosperity, True Love, Success, Vitality, Blessing, and more.

Bells

Bells are most often used in feng shui where there is a need for some kind of warning or protection. If you are unable to put your bed in the command position, for example, you can hang a bell on your bedroom door to alert you when someone enters. You can also hang a bell anywhere that you would like to energize or enhance the space.

Bells are rung to signal the beginning and end of ceremonies and meditation practices. Bells are also a powerful tool for space clearing rituals. Tibetan prayer bells are forged from seven metals, and are often decorated with important symbols to enhance their energy.

The type of bell you choose will depend on how and where you plan to use it. Again, be sure that the tone of the bell is pleasing to you—the quality of the sound is more important than the design. If you are hanging a bell on a string, use a red cord, string, or ribbon cut to a multiple of nine inches.

Flags & Windsocks

If you have an exterior power spot, consider activating it with a flag, banner or whirly-gig. Flag poles, tree branches, eaves, and porch columns can all carry a flag or windsock. Choose shapes and colors based on the appropriate elements for added impact.

Mobiles and whirly-gigs can be used to enhance *chi* inside your home. If you use this type of cure in a place where there is not much air current, set it in motion manually from time to time as you walk by.

Bamboo Flutes

Bamboo flutes (you'll need two) are the traditional solution for lifting the energy of a ceiling beam directly over the bed. You can hang one flute vertically on the wall under either each end of the beam, so that the natural growth direction of the wood points up (usually this is with the mouthpiece at the top).

Another option is to hang the two flutes on the side of the beam. Here the flutes should be at a 45-degree angle, so they create the shape of the top of an octagon, thus implying the octagonal shape of the traditional *ba gua*.

Hang the flutes with red string cut to a multiple of nine inches, and add a red tassel or two to each flute if they didn't come with any.

Fu Dogs

Fu dogs are powerful protective imagery to place at or near the entry to your home to prevent negative energy from affecting your family.

Fu dogs come in pairs, so make sure you have two; one fu dog alone will not have the same effect.

Large fu dogs can guard your front steps just outside the front door. Smaller fu dogs can protect your home from a table in the foyer or entryway. They can also be placed on a bookshelf or anywhere else in the home you feel a need for protection.

Deity Figures and Imagery

Saints, deities, and other figures are all powerful additions to your home. Quan Yin, Tara, the Virgin Mary, Christ, Buddha, and any other religious figure appropriate to your spiritual practice, bring peace, blessing, and tranquility to a home altar, garden, yoga room or meditation space. These figures remind us of our dedication to our spiritual practice, and help us to live in harmony with spirit throughout our daily lives.

Heavy statues provide stability and groundedness when your life feels rushed and chaotic.

Click below to shop for feng shui products...

Learn how to transform your life by energizing your home with the power of feng shui!

"*Fast Feng Shui* is a fabulous, fun, smart, effective way to empower yourself and your environment and ... attract and create the life you really want. It makes the mystical easy and accessible. Stephanie Roberts is brilliant!"

Sonia Choquette, PhD, author of *Your Heart's Desire*, *True Balance*, and *The Pyschic Pathway*

This easy, effective approach to contemporary Western feng shui integrates personality type and the power of your intention to enhance prosperity, romance, career, creativity and more. You'll learn techniques for locating personal "power spots," getting rid of clutter, maintaining good *chi* throughout the home, and improving your physical vitality. Over 180 affirmations and visualizations make feng shui user-friendly and fun. Along the way, you'll discover feng shui as a path to self-transformation and personal growth.

"*Fast Feng Shui* is a breath of fresh air. Stephanie Roberts takes ancient concepts and makes them applicable to modern life in a way that is fun, valuable, and fast."

Denise Linn, author of *Feng Shui for the Soul*, *Sacred Space*, and *Space Clearing*

"*Fast Feng Shui* is a delightful book ... good for beginners and for advanced students. You can open it at any page and find useful information. I love this book!"

Louise L. Hay, author of *You Can Heal Your Life* and *Empowering Women*

Table of Contents and text excerpts available online at:

http://www.fastfengshui.com/fast_fengshui_book.htm

see page 14 for ordering information

Now you can use the **Creative Cycle** of the elements to **transform your love life** with the magic of feng shui!

By tailoring contemporary feng shui strategies to the specific challenges of each stage of the Relationship Cycle, *Fast Feng Shui for Singles* provides a unique and highly effective program for shaking off the disappointments of the past and finally getting Cupid on your side.

The Fast Feng Shui Relation Cycle matches each of five relationship stages to the Creative Cycle of the elements: working with the energy of METAL helps you to heal old heartache and rediscover a sense of self; WATER energy brings in new opportunities and jump-starts your social life; once you've connected with a special someone, WOOD energy nurtures your budding relationship; FIRE energy fans the flames of passion, and EARTH energy help establish a committed partnership.

As you explore the step-by-step guidelines presented in this book, you'll find a wealth of journaling exercises, meditations and rituals for healing and renewal, and feng shui tips for activating your social life and overcoming barriers to intimacy, communication, and commitment.

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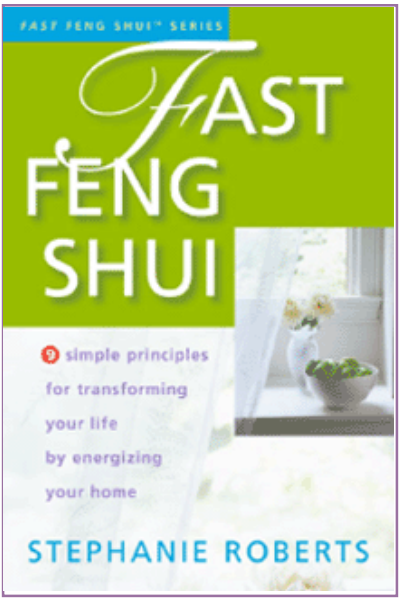

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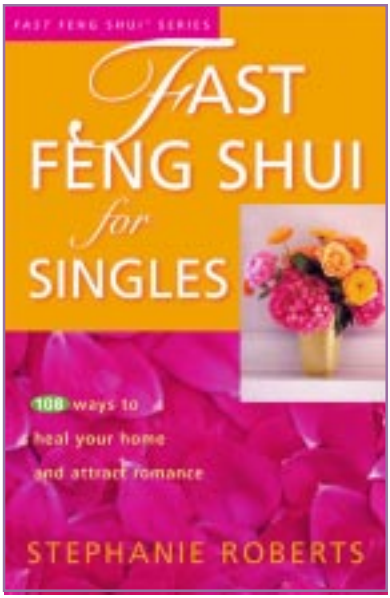

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